



**The Center for  
African American Health**  
Empowering the Community to  
*Live Well!*



# **NEW:** Health and Wellness Navigators

Do you and/or your family need help connecting to resources in your area within Metro Denver? The Center for African American Health is here to HELP!

Our Community Health and Wellness Navigators will connect you to resources and service providers in the areas of:

- Health Insurance Literacy
- Housing
- Food and Clothing Banks
- Parent Education and Support Services
- Transportation
- And Many More General Services

Contact us today to get connected to a Community Health and Wellness Navigator at our Center!

**WHO:**  
Anyone who could use assistance connecting to community and health resources and services in the Metro Denver area.

**COST:**  
Free!

**CONTACT:**  
Email: Bintou Diallo, Community Health and Wellness Navigator at [bintou@caahealth.org](mailto:bintou@caahealth.org) or 303-355-3423 x 108.

**Proud Member**  
2018-2019



Family Resource Center Association  
Connecting Resources, Impacting Lives

[www.caahealth.org](http://www.caahealth.org)

