



**The Center for  
African American Health**

Empowering the Community to

*Live Well!*



# NEW: Strengthening Families Program

The Strengthening Families Program (SFP) is an evidence-based, nationally and internationally recognized family skills training program with the goals of:

- Strengthening parenting skills
- Improving children's behavior
- Improving social skills
- Enhancing family functioning

Meals and child care services will be provided.

Contact us today to learn more about the program and to enroll your family!

## WE'RE SEEKING FAMILIES TO PARTICIPATE!

**WHAT:** SFP offers 14-week family skills sessions starting in early April

**WHO:** For families with children birth to 5 year old

**COST:**

Free!

**CONTACT:**

Bintou Diallo, Community Health and Wellness Navigator, at [bintou@caahealth.org](mailto:bintou@caahealth.org) or 720-572-5678

**Proud Member**  
2018-2019



Family Resource Center Association  
Connecting Resources, Impacting Lives

[www.caahealth.org](http://www.caahealth.org)

